SEPSIS CARD

Signs and Symptoms of Infection

(Any 2 meets criteria)

➡Heart Rate > 120
➡Temp > 38.3ºC (100.9ºF)
➡Temp < 36ºC (96.8ºF)
➡Respiration Rate >20
➡Altered Mental Status
➡Glucose > 120 (non-diabetic)

Sepsis

➡Signs/Symptoms of Infection
plus
➡History suggestive of infection
   ➡Pneumonia
   ➡Meningitis
   ➡Urinary Tract Infection
   ➡Abdominal Pain/Diarrhea
   ➡Cellulitis/Septic arthritis
   ➡Wound infection
   ➡Indwelling line
THEN

Consider Goal Directed Sepsis if -
➡Oxygen Saturation < 90%
➡SBP <90 or MAP<65
➡No UOP > 8 hours
➡Prolonged Bleeding

SEPSIS CARD

Initial Management Actions

➡High Flow Oxygen (100% NRB)
➡IV D50 - Aim to get BG 100-150
➡Aggressive Fluid Resuscitation
➡Early Antibiotics
➡Early Intubation
➡Early Pressors (Levophed)

Lab Studies

➡CBC, CMP, ABG, Lactic Acid, Blood & Urine Cultures, PTT, type and screen.

Goal Directed Sepsis

➡If CVP <8mmHg - Give Fluids until CVP is 8-12 mmHg, then...
➡If MAP<65 or >90 - Use Vasoactive medications, then...
➡If SvO2 < 70%
   ➡Transfuse to crit >30 then use inotropes until SvO2>70%

If CVP > 8 , MAP is between 65 and 90 and SvO2 >70% then....

GOALS ACHIEVED