“I got flu from a flu shot,” and Other Tall Tales

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We have all heard them and sometimes even told them: I got flu from a flu shot; I broke my leg in 100 places; I had walking pneumonia. This teaching session explores urban myths, medical stories our patients tell and other beliefs, with the truth behind each statement. Each statement is a launching point that will allow attendees to understand what patients believe, what the truth is and how that knowledge will impact their immediate patient care. While each patient claim may seem benign, they can have life-threatening impacts on care. If you have ever treated a patient having an allergic reaction who says they are allergic to epinephrine, or a patient with a myocardial infarction refusing to take aspirin because they are on Coumadin, these beliefs may cost them their lives. This need to know information may save your patient and your career!

Dr. Syrett is a well-known presenter at Pulse Check having given presentations at the last several conferences. As a practicing Emergency Medicine Physician, an on-scene responding EMS Physician, a tactical medicine physician and an On-Track physician for several racing organizations including NASCAR, Dr Syrett brings a mix of experiences that provides attendees with a unique and fun learning experience. He lives with his wife, 2 children and dog in Rochester, NY.

Presentation Outline:
1 – Common urban legends
2 – Truths underlying these myths
3 – How misbeliefs affect patient care (and how not to get caught up in these traps)
4 – Strategies for providing good patient care in the face of myths

Objective 1: Recognize mythical claims
Objective 2: Identify truths that affect patient care
Objective 3: Act to provide good patient care in the face of misbeliefs