Firefighter Health Series:

Cardiovascular Disease in Public Safety Personnel:
Combating an Emerging Menace

Presented by Franklin H, Zimmerman MD, FACC, FACP, FAACVPR
Dr. Zimmerman is a Senior Attending Cardiologist and former Director of Critical Care at Phelps Memorial Hospital Center, Clinical Assistant Professor of Medicine at Columbia University, and is the Medical Staff President and Director of the Phelps Center for Occupational Medicine and Public Safety Services (COMPASS). Dr. Zimmerman’s current research interest is preventing cardiovascular disease in police and fire department personnel.

July 8th from 19:00 to 22:00 hours

Description: This program will review the importance of cardiovascular disease prevention in first responders. Heart disease is a particularly important issue for firefighters, with fatal heart attack representing 50% of all fire-related deaths. This program will help you to understand the "silent killers" of cardiac risk factors and practical ways to prevent and treat heart disease.

Target audience: First Responders

Prerequisites: None

Registration: Pre-registration is mandatory. Walk-ins are not permitted. Register through your chief or training officer. Chief’s and training officer's can register their personnel at; http://emergencyservices.westchestergov.com/. Class size is limited to sixty (60) students.

Venue: Westchester County DES Training Center, 4 Dana Rd. – Grasslands Campus, Valhalla, New York. All students are to park in the lot adjacent to the Support Services Building located at 35 Walker Road. (There is a stairway linking the parking lot directly to the training campus.) For questions or concerns regarding weather or course cancellation call (914) 231 – 1615.

Check out our Website at http://emergencyservices.westchestergov.com/ for the most current information on training