West Glens Falls EMS
Symposium 2018

January 26th & 27th, 2018
Pre-Conference January 25th, 2018

West Glens Falls Emergency Squad, Inc.
86 Luzerne Road
Queensbury, NY 12804

wgfemssymposiuminfo@gmail.com
Airway Rodeo Pre-Conference
Thursday, January 25th, 2018

Cost is $25.00 session (see registration page)

We simulate real-world situations; entrapment with prolonged extrication, the back bathroom of a single-wide trailer, etc. No climate controlled, well lit, supine patients with empty stomachs here!

This class is fast-paced and 100% hands-on skills designed for the first responder/EMT-B level. There will be advanced skills available for medics/nurses as well, everyone is welcome!

Please wear comfortable clothing that you don’t mind crawling around on the floor with. This is a physically active class.

In order to have enough supplies, please RSVP

Airway ……….

How do you ventilate a patient who is hanging from a harness and you cannot get them down immediately?

How do you use an ambu-bag on someone who is trapped underneath building rubble?

What about someone who is trapped in a vehicle and need to have a definitive airway NOW but extended extrication is expected?

Come see how we will do it all……and get Cme’s too!!!

ACLS Refresher Course-
for Nurses & Ems Providers

Course will be run from 9:00 am - 3:00 pm. Cost is $75.00 per person

Space is Limited. (see registration page)

$25.00 CE Credit for Nurses (see registration page)

Topic: Acute Stroke Fog
Time: 11:00 a.m. -12:00p.m.
Speaker: Katherine DeSantis 1.0 CEU for Nurses
# Friday, January 26th, 2018

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<td>7:00a.m.-7:55a.m.</td>
<td>Registration and Breakfast</td>
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<td>8:00a.m.-9:00a.m.</td>
<td>General Session “Better Mental Health Through A Creative Mind” Dan Sundahl</td>
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**Happy Hour 5:30 p.m. - 7:30 p.m. Sponsored by MedTronic**
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**Better Mental Health through a Creative Mind**

Daniel Sundahl

People shouldn’t see the things we see. How does the human brain process this information? There’s a lot of mental baggage that comes with our profession and we need a way to get rid of it. In this presentation I will share my journey from battling my demons to purging my nightmares in artwork. Each image is based on a call I’ve attended as a paramedic and I will explain the events behind the artwork. Although these are my stories you will connect with them through your own experiences and realize you’re not alone in how you’re feeling. Instead of being shunned for showing the emotional and graphic underbelly of our profession my images have been embraced worldwide. The negative stigma of mental health among first responders is present and strong but the international connection first responders have to my work is proof that we are not alone in the way we feel. Come to this session and go beyond the images you’ve seen online with the artist that creates them.

9:10 a.m. - 10:40 a.m.

**Track A- First In For The Big One...Those First Critical Minutes**

Jon Politis

The actions of the first arriving unit sets the tone and lays the groundwork for what will happen in the next hour. Are you ready? Do you know what those critical actions are? This is a powerful session on learning to effectively manage serious calls: Establishing command, size-up, arrival reports, triage, requesting and using resources. It’s critical operational information that most of us in EMS have had to learn the hard way. This session can help replace years of trial and error and make EMS operations run more smoothly.

**Track B- She’s Having a Baby!: Pregnancy Complications**

Janet Taylor

This course looks at pregnancy from the very start. Miscarriage, tubal pregnancy, gestational diabetes, pre-term labor, incompetent cervix and more! Great for fulfilling the core content for paramedic refresher transition courses.

**Track C- Trains, Trauma, and Teamwork…One Man’s New Life”**

Scott Lail

Train related accidents often have fatal outcomes. This unique case, aired on "20/20", the Oprah Winfrey Network’s “Miracle Detectives", and “The Today Show", follows a Texas man who was run over, entangled, & dragged beneath a 30-ton train car...and survived! The presenter will relate his first-hand involvement with this rescue from responder to helicopter transport. The presentation will also examine surgical interventions, hospital course, and the patient’s current condition. Finally, this lecture will focus on the importance of multi-agency teamwork and its effect on positive outcomes.

11:00 a.m. - 12:30 p.m.

**Track A- “Neonatal Emergencies”**

Jennifer Nichols

Sometimes the smallest patients can present the biggest challenges. This lecture focuses on an organized approach to assessing the neonate or very young infant, as well as common medical problems encountered during this time period. This lecture does not endorse individual products, but will review examples of common equipment used to aid in neonatal care. Emphasis is on patient safety and a common-sense approach to the very young infant in the prehospital and emergency environment.

**Track B- “ NYS CME Program...What’s New in 2018”**

Gene Myers

Since the start of the NYS CME Recertification Program many of us have found ourselves running around trying to find lectures, or classrooms to cover required topics. 72 hours, of classroom, drills, tests, and EMS conferences, not to mention skills practice, finding your Coordinator, or Medical Director to sign your application... you hope! And all in a period of 36 months. Finally, your new card arrives. Rainbow backdrop with your name on it printed in crisp bold black ink. A moment of pride no doubt. But, the feeling of success is short lived. It’s now time to start all over again. Starting in the Spring of 2018 BEMS will roll out the 2018 revised CME program. This is a change you will certainly take notice of. New forms, less hours, are what most will notice. And with that, new questions, and concerns. So, bring your questions, bring your past stories involving the program. Share with the group experiences dealing with CME program, on-line vendors, their content, access, quality of material provided. If you are a CME Participant, agency coordinator, or a CIC come join us and see what other agencies, and members of this program are doing to make their CME program successful.

**Track C- “Compassion, Commitment and a Clinical Clue:“Seizures”**

Dr. John Pugh

Dr. John Pugh comes to us from Albany Medical Center Pediatric Neurology Department. He will be discussing different seizure types. He will help you become familiar with not only types of seizures, but how to manage and evaluate patients and their seizures. This session will help you become aware of the acute pharmacological treatments for seizures and then side effects of the medications.
### Track A - “RSI for BLS and Assisting Providers”
**Glenn Stevens**
This presentation is intended to introduce the concept of Rapid Sequence Intubation (RSI) to BLS providers and all levels of ALS providers that may be involved in an RSI case. We will discuss what RSI is, the benefits of advanced airway management, an awareness of what to expect when participating in an RSI case, considerations of when to request a team that can perform RSI, and how to assist during the procedure.

### Track B - Staying Alive...Situational Awareness in Emergency Operations
**Jon Politis**
Being aware of the situation around you and understanding its implications is the foundation to assessment and decision making. Unfortunately, key decisions are often made for all the wrong reasons or because people are simply unaware of the consequences. This hard hitting presentation uses a series of real case studies to make participants aware of the dangers involved in numerous rescue environments and crucial decisions that rescuers must make.

### Track C - Vein'ous to Mars - Vein'ously Speaking About Emergent Access
**Scotty Bolleter**
A tremendous amount of confusion surrounds various treatments found in emergent medicine. Today’s provider must be able to understand not only what needs to happen, but why as well. When considering venous access a number of options now present themselves to the patient and provider. A detailed review of current equipment and methods will follow a discussion centered on case studies and selected research. Included in this program will be an exciting look into the future, and options that will soon present themselves to all levels care. Suffice to say that what was once difficult and exclusionary in its application now beams with potential.

### Track A - Something In The Air….Ventilation Management
**Scotty Bolleter**
This program promises an informative view of ventilation management spiced with reality and measure of humor. This presentation takes an entertaining look into airway management that will help you maintain or gain that which you once thought was difficult or impossible. “Something in the Air” was designed for both the basic and the advanced clinician. Information for the management of an emergent airway includes treatment from the fundamental to the surgical with a particular focus on THE TEAM and the reality of our fundamental efforts.

### Track B - “Burns”
**Jennifer Nichols**
Always a hot topic, burn patients represent a challenging population who require specialized monitoring and interventions. Recommendations from the American Burn Association include transport to a burn center for patients meeting severity criteria. This lecture will review the pathophysiology of burns, as well as their emergency management. Considerations about transport and destination decisions will also be discussed.

### Track C - “GI Woes: Abdominal Assessment”
**Janet Taylor**
Having a patient complain of abdominal pain can be very vague and overwhelming when you consider how many diagnoses it could possibly be. In this hour we will go over basic anatomy of the thoracic and abdominal contents and list the most common causes of abdominal pain as well as the most serious problems that can be present as abdominal pain that can’t be ignored. Assessment on how to know the textbook presentation of each diagnosis and little tricks that help rule out the less emergent problems. A few of the conditions we will address are kidney stones, Aortic Dissection/Rupture, Pancreatitis, Diverticulosis/Illis, IBD, Ulcers, Hernias, and much more.

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**Thank You to our Sponsors and Vendors**

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[Priority One Payroll]

[Emergence Management Resources, LLC]

[Physio Control]

[We Care for those Who Care]
Saturday, January 27th, 2018

8:00 a.m. - 9:00 a.m.

Opening Session “In The Line Of Fire… Stress Management Prescription for Providers”  Scotty Bolleter
Dealing with the reality of painful situations and incredible stress is more than just a routine part of our work - it can become who we are. There is little discussion on the part of most health care providers about the impact of what we face - yet it’s there. The impact of what these situations create is often more than we are able to bare - but we fail to see it. What is it about our work and life that can push us over an edge we seem to walk along without a care? Why do we sometimes react when we should respond, and what causes us to inevitably reach out less or not at all? What we need is within our reach, and it’s just a matter of recognizing that it can be done. In the line of fire is a research based, experienced centered program that is founded on reality, emotion and recovery. Become a part of a program that will put the wind back in your sails and sunshine back in your life (even if you thought it wasn’t missing)

9:10 a.m. - 10:40 a.m.

Track A  “Pediatric Potpourri”  Jennifer Nichols
Often, the most difficult cases are the patient types we see most rarely. According to the NYS Department of Health, pediatric patients in New York represent only about 10% of EMS calls. This interactive presentation will give participants an opportunity to review select topics from a variety of pediatric clinical presentations.

Track B- “Readin’ and Rightin” : Documentation and how to write it right”  Janet Taylor
We review the importance of good spelling, the reasons behind this “necessary evil”, how to chart not only to benefit the patient but to cover your butt. How to chart in a way to increase the amount of reimbursement from healthcare coverage agencies, terms to use and to avoid in charting, special considerations like elder and child abuse/neglect situations and how to chart regarding subjective and objective.

Track C- “Motorcycle Mania”  Scott Lail
Love ’em or hate ’em, the motorcycle is as popular as ever! With advances in technology, some motorcycles are capable of speeds up to, and past, 200 mph. When accidents occur at such velocities, EMS providers are faced with injuries that they may have never imagined. This lecture presents a brief history of motorcycles, moves through different types of bikes and their capabilities, and discusses different types of protective gear. If you ride, or just like motorcycles, this class will be an exciting and entertaining adventure.

11:00 a.m. - 12:30 p.m.

Track A- “I Believe I Can Fly…..Procedural Run’ology”  Scotty Bolleter
“I believe I can fly” is an engaging lecture that will deeply define today’s most talked about procedural interventions (Bleeding Control - packing, tourniquets and the evolution of REBOA; Ventilation – positioning, BLS, ALS and Surgical; Thoracic Injury Care –chest seals, needle decompressions and finger thoracotomies; Vascular Access – IV and IO and fluid administration improvements; as well as Pain Management – narcotics, sedative and more) all while blending scene orchestration and transport. Expect the reality of frank critical care, amazing one of a kind images, an unapologetic and entertaining delivery.

Track B- “Mobile Health –It’s RIGHT HERE!  Mark Spezio
Community Paramedicine;..What is it? What are we doing it? What is EMS’ Role? Come learn more about this up and coming program. This is an example of what we do…..During each visit we have a specified assessment we are to perform that has been laid out by the participants primary care physician. We also have parameters from which details where the Doctor would like the participants vital signs to stay. If they are outside of the parameters or anything seems concerning, we call the Doctor directly and he gives real time medical direction. Come learn more about Mobile Health and the Paramedicine program.

Track C- “It’s All in Your Head” : Neuro Assessment for Non-neuro Folks  Janet Taylor
This session is geared toward EMS assessment and care of the neurological insults to the brain whether traumatic or non-traumatic. We review the basic normal neurological assessment and go on to learn what small assessment changes can occur and how to recognize those changes. We learn common non-invasive interventions we can do in the field to reduce the intracranial pressure on any patient with neurological insult and the importance of frequent re-assessments when you have someone who has suffered a potential brain injury.
Saturday, January 27th, 2018
Lunch 12:30-1:15 (Please visit our vendors)

1:15 p.m. - 2:45 p.m.

**Track A  “Toxic Avenger: Sepsis in EMS”**
Janet Taylor

Sepsis is the hot topic with one person dying every 3.5 seconds somewhere in the world. The International Sepsis Campaign has developed guidelines for improving patient outcomes including interventions that can be started in the field. In this presentation we will develop a better understanding of sepsis and how it is more than “just an infection”

**Track B  “Thoracic Park….Chest Injury Management”**
Scotty Bolleter

Injuries to the chest are common and frequently lethal. Your understanding of the anatomy as well as the lifesaving evidence that supports current interventions is imperative. Today's lecture is designed to illuminate injuries, define complication, and highlight management options. This program includes newly created images and videos accompanied by case studies and an unapologetic reality check!

**Track C “Vehicle Extrication…… Not your Dad’s Extrication Anymore”**
Jon Politis

Much has changed in the world of automobile safety bringing new challenges to rescuers. While safer cars have saved many lives, the techniques needed to rescue patients from crashes are different today. For many our training has failed us! Drilling on 15 year old cars in a junk yard, often lulls us into a false sense of security about some of our techniques. This presentation is an overview of the concepts and techniques to rescue patients from car crashes as they happen today. It has an emphasis on medical/mechanical skill balance and using modern medical as well as extrication concepts.

3:00 p.m. - 4:30 p.m.

**Track A- Respiratory Failure, Going Down the Tubes”**
Jon Politis

The patient in respiratory distress is one of the most commonly encountered in the field. But at what point does a patient go from breathing difficulty to the point of respiratory failure? How do you recognize it and what do you do about it? Current EMS texts do little to help BLS and ALS providers understand when their patients are in failure and going down the tubes. This presentation focuses on the early recognition and management of respiratory failure using both basic and advanced skills.

**Track B- “Preventing PTSD In EMS Patients”**
Meghan Williams

A traumatic event may cause PTSD in one patient, and not in another. While we cannot control the event that happens to the patient, we can control how we respond to the patient and the scene. You will learn some of the science behind how the brain reacts to trauma, and steps to lessen or prevent PTSD in our EMS patients using science and research.

**Track C- “From Rookie to Rockstar In Five Minutes”**
Scott Lail

No one enters EMS to be mediocre or “just good enough”. We all want to get better and to excel in our chosen profession. But, how do we measure the advancement? Is it the years that you have been in EMS, or where you went to school? Is there some scale that we can use to qualify the improvement? This lecture, based on the Dreyfus Model, explores the 5 levels of skill development and allows the student to decide where they are on the ladder. It also asks the listener honestly evaluate their strengths and weaknesses, and develop a plan to move forward.

THANK YOU FOR ATTENDING AND SEE YOU NEXT YEAR!
Symposium Registration
Pre-conference January 25th, 2018
Conference: January 26th & 27th, 2018

Registrant Information: **One registration per page Please**

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Conference Information: Happy Hour Friday Evening Sponsored by MEDTRONIC 5:30-7:30

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<th>Full Conference: $200.00</th>
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<tr>
<td>Friday Only: $105.00</td>
<td>Yes □ No □ (please check one) Attending Happy Hour ______</td>
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<tr>
<td>Saturday Only: $105.00</td>
<td>Yes □ No □ (please check one)</td>
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<td><strong>After January 15, 2017 $220.00 Yes □ No □ Single Day $120.00</strong></td>
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**Pre-- registrants also receive a free gift**

Hotel Information: **Change in Venue**

The Queensbury Hotel

Address: 88 Ridge Street
Glens Falls New York 12801

Price: $89.00 or $139.00(suite) + tax per night

PLEASE contact the hotel directly to reserve your room. Room will not be charged to credit card until check in. Please mention West Glens Falls EMS Symposium

Please be sure to send ONE registration PER participant. Fee includes continental breakfast, snack and lunch.

Make checks payable to: West Glens Falls Emergency Squad, Inc.
Address: West Glens Falls EMS
86 Luzerne Road
Queensbury, NY 12804
wgfemssymposiuminfo@gmail.com

Please see reverse side for course selection
Please make your choice by using 1st, 2nd or 3rd choice

Friday, January 26th, 2018

9:10 a.m. - 10:40 a.m.
Track A  ______
Track B  ______
Track C  ______

11:00 a.m. - 12:30 p.m.
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3:00 p.m. - 4:30 p.m.
Track A  ______
Track B  ______
Track C  ______

*** Each Session will have a person who will be scanning your name badge, this will give you CME Credit on a
Certificate which will be printed and ready for you at the End of the Conference***

PRE-CONFERENCE REGISTRATION: AIRWAY RODEO**Add an additional $25.00 to
registration fee** It is Going to be FUN!!!

Session 1  8:00am-10:00am  ____________
Session 2  11:00 am -1:00pm  ____________
Session 3  2:00 pm-4:00 pm  ____________

ACLS Refresher  $75.00 ________________ 1/25/18

Stroke Fog CEU (NURSES) $25.00 ________________ 1/25/18
Presenter Bios

Scotty Bolleter BS, EMT-P
Chief Scott Bolleter, best known as Scotty to his friends and colleagues, is best known in emergency medicine for his inspiring talks and clinical candor. His name appears on numerous patents in emergent, oncologic and vertebral bone access. Scotty’s publications, research, presentations and accomplishments are extensive. Scotty has received numerous awards during his career: most notably the 2011 EMS Educator and 2000 EMS Person of the Year awards from the Texas Department of State Health Services.

Dr. Alan Boulos, MD. Chair, Department of Neurosurgery at Albany Medical Center
Dr. Boulos is one of 3 Endovascular Neurosurgeons at Albany Med treating ischemic stroke with exciting new devices that remove large blood clots from the brain.

Katherine DeSantis
Katherine is a Stroke Specialist with Medtronic. She works closely with comprehensive stroke centers across New England, working to bridge the gap in the continuum of the stroke care pathway. She focuses on education within the Emergency medicine, Neurology, and first response communities.

Chief Scott Lail, EMT-P, FP-C
Scott began his EMS career in 1992. Shortly after his arrival into pre-hospital medicine, he became a Firefighter with the City of Cleburne, Texas. With his love for education, Scott became the EMS educator for his Fire Department, and other local agencies in need. He also joined Tarrant County College in Fort Worth as Adjunct EMS Faculty. In 1999, Scott became a Flight Paramedic with Care Flite in Dallas / Fort Worth, Texas.

Jennifer Nichols
Jennifer Nichols began her career in the Saratoga area, first as an EMT, and later becoming an RN and a paramedic. In addition to EMS, her professional background includes nursing in Emergency Departments, Cardiac Cath Lab and Pediatrics. She is currently a flight nurse with Life Net/Air Methods Corporation in Albany, NY. She is passionate about education, out-of-hospital patient care and pediatrics.

Jon Politis, MPA,NRP
Starting in emergency services in 1971, he has served in many capacities: firefighter, ski patroller, Paramedic, Paramedic Program Director, State EMS Training Coordinator and EMS Chief. He has served on the Board of Directors of the National Registry of EMTs, Committee on Accreditation for the EMS Professions, been co-investigator of original research and authored numerous articles and texts. He served as the Chief of the town of Colonie EMS Department from 1989 to 2010 when he retired. As chief, he led Colonie EMS to two national awards, two regional awards and the New York State EMS agency of the year- 2010.

Dr. John A Pugh, MD,PhD
Dr. John A Pugh, MD,PhD, currently is an Assistant Professor of Neurology at Albany Medical Center. Dr Pugh did his Pediatric Neurology Fellowship at Cincinnati Children’s Hospital.

Mark Spezio
Mark has 28 years of active service as a volunteer and career EMS provider. Mark founded the Southern Washington, Northern Rensselear County Mobile Health Care System. He is a certified Paramedic, Instructor Coordinator and Program Director. Mark has been the Chief Operating Officer for the Cambridge Valley rescue Squad for the past 27 years.He is a champion of Community Paramedicine and has recently utilized remote patient monitoring technology to enhance the exisiting Community Check program established by the Cambridge, Salem and Greenwich Rescue Squads.

Glenn Stevens
Glenn Stevens has been a Critical Care Flight Paramedic with Life Net NY. He has been a CCT for over 30 years in both New York and Alaska. Retired Sergeant and Paramedic from Guilderland Police Department. Former Executive Director of Operations with Life Net Alaska.

Daniel Sundahl
Daniel Sundahl was born in 1967 in Edmonton, Alberta, Canada. Taking up a global residency as an English language teacher in Egypt, Mexico, Indonesia and Japan, he is now a firefighter and paramedic for the City of Leduc. The majority of Daniel's work involves emergency services photography. It involves an emotional connection to the artist as most of his pieces are based on actual emergency calls he has attended as a registered paramedic. He’s passionate about reducing the stigma of PTSD for first responders and he uses his art to raise awareness of occupational stress injuries worldwide. He is a published artist and writer and recently had an art book produced of his works. He’s an expert in pre hospital care and a professional photographer and photo editor. Daniel enjoys combining the technical and artistic elements of his work. Each piece can take several days or weeks of processing until he feels it’s ready. He continues to travel often and gains inspiration for his art from his experiences.
Janet Taylor
Janet is a full time flight nurse for Mercy Life Line from Springfield, MO. In addition to EMS, she has worked in ICU, ER and OB in order to be familiar with the different types of calls that she and her partner may encounter in EMS. Janet has her Bachelors Degree in Science and Nursing and enjoys teaching part time at various EMS Conferences throughout the year in addition to writing articles for various industry magazines and continuing education modules for Code3CME. Her website is www.emsteacher.com where you can see where she will be headed next as well as the most current list of topics offered. You can email her at janettaylor6@icloud.com.

Meghan Williams
Meghan Williams is currently am teaching as a Paramedic CIC at Northwell Health, training their flight medics and primarily teaching their NAEMT, AHA courses. Meghan has worked in Domestic Violence and Sexual Assault awareness and prevention full-time with a non-for-profit agency for a number of years. My love and involvement in the EMS community led me back to a full-time career in EMS, and volunteering in Domestic Violence and Sexual Assault prevention. She recently was the Program Director for the Paramedic Degree Program at LaGuardia Community College working in the development and implementation of the Psychological Trauma Prevention Curriculum in their classes. All very exciting work!