Introduction to EMS Cycling

FEMA Recognized exemplary practices in EMS course

Requirements:
- BYO bike
- ANSI-approved helmet
- Bike gloves
- Participant in good health
- Spare tube

Participants must know how to ride a bike. This course DOES NOT teach bicycling.

Open to active members of emergency response agencies only.

June 13, 6:00PM – 10:00PM
At: Mastic Volunteer Ambulance Company, Mastic, New York
Cost: $175/Student. $150/Student for volunteers providers.

Lecture and Skill Components:
- Safety
- Defensive Techniques
- Maneuvering/Handling
- Emergency Response
- Braking Techniques
- Stairs/Hazards

Long Island Rescue Services

Your community-based health + safety company

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